

**Vermont Reads 2021: *We Contain Multitudes*  
Discussion Questions**

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1. In a letter to Kurl, Jo writes, “You and I don’t, technically, ‘tell’ each other things, do we? We write them” (p. 54). Jo and Kurl have an easier time communicating with each other through writing—why? Even when they become friends, and eventually fall in love, why is letter writing so compelling to both of them?
2. When asked to identify a hero in their life, Kurl notes, “The thing about heroes is they make you look at yourself” (p. 16). Who do Kurl and Jo identify as their heroes? Why? Do you think they would answer this question differently by the end of the book?
3. Why does Jo love poetry, and specifically Walt Whitman? What draws him to “Song of Myself”?
4. What is the significance of the Red Eft? Why is Kurl so fascinated by them? What does it reveal about his character?
5. Jo and Kurl often discuss outer worlds vs. inner worlds—like in their discussions of Inner vs. Outer Sanctums, and what they write in their letters vs. what they say aloud to others. Why do you think they do this? How does it affect their relationship?
6. On page 132, how does Kurl interpret the meaning of grass in “Song of Myself”? Why do you think Adam finds this image compelling, and how does it relate to his own life?
7. On page 149, Kurl uses a metaphor of a glass ornament to describe Jo. But in Jo’s response on page 153, he counters arguing that Kurl is the glass ornament. In your opinion, who is the glass ornament?
8. Why is Shayna invested in learning more about her mother? While Jo clearly cares about Raphael, he watches Shayna become more and more obsessed with Raphael from a distance. What does Raphael mean to Shayna, and what does she mean to Jo?
9. Jo is often frustrated that Kurl cannot leave his abusive uncle, to the point where it begins to tear them apart—why do you think Kurl has such a hard time abandoning his family? Why does Jo not understand Kurl’s decisions to stay?
10. What do you think the title means? The first moment the phrase “We contain multitudes” appears is on page 193, when Jo writes the phrase on Kurl’s car window. What is the importance of this scene, and what does it reveal about the entire book?